Benjamin Garcia, MSN, APRN, FNP-C
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# CORE COMPETENCIES

* *Proactive and Intuitive - Written and Verbal Communication Skills*
* *Professional and Reliable - Coordinated Time Management/Prioritization*
* *Team Oriented - Organized*

## EXPERIENCE

### *September 2023-Current Department of Gastroenterology and Hepatology Denver, CO*

###  *Gastroenterology APP*

* Provides care to those suffering from a diverse and vast array of gastroenterological conditions.
* Primary focus is general gastroenterology in the outpatient setting at the Digestive Health Center at the University of Colorado Anschutz Medical Campus.
* I am a Family Nurse Practitioner by trade, and I am also the department fellow, as I complete the Fellowship program within the Department of Medicine at CU Boulder 2023-2024.

### *August 2019-Current UCHealth Memorial Central Colorado Springs, CO*

###  *Emergency Room Registered Nurse - Level 1 Trauma Center*

* Provides initial assessment and quality care to stabilize and support patients in a 72-bed, level 1 trauma center.
* Assists in the care of multiple traumas, cardiac arrests, strokes, intubations, cardioversions, and conscious sedations.
* Continuous communication and collaboration with physicians and other healthcare professionals to ensure optimal and timely care is given to patients.
* Monitor patients to recognize changes or needs while informing necessary staff such as the charge nurse, provider, specialists, etc.
* Highly proficient in clinical skills such as: IV starts, cardiac monitors, blood monitoring, transfusions, 12-lead EKG, pushes, drips, EPIC computer charting and medication administration.
* Quickly and appropriately assesses acuity of patients to determine the level of care needed.
* Independently giving effective and safe care to patients with different acuity levels.
* Maintains a safe work environment for both patients and staff while following facility policies.
* Continually pursues opportunities for professional development and growth.

### *May 2019-August 2019 Penrose - St. Francis Hospital(s) Colorado Springs, CO*

 ***Emergency Room Observation Unit Registered Nurse - Level 2 Trauma Center***

* Provided initial and secondary assessments as well as quality care to continue stabilization and support of our patients in the 26-bed, level 2 hospital ED.
* Experiences included assessing, planning, implementing, evaluating, and documenting nursing care to patients in a frequently post-critical care setting.

### *November 2017-May 2019 URMC Strong Memorial Hospital Rochester, NY*

 ***Emergency Room Observation Unit Registered Nurse – Level 1 Trauma Center***

* Provided head-to-toe assessments and continuing care for a 24-bed observation unit.
* Responsible for admission, care and continued treatment/monitoring of patients brought to the unit.
* Prepared and administered oral, NG/PEG, SUBQ, IM, and IV, (including but not limited to antibiotics, packed RBC’s, TPN and narcotics, etc.) and recorded prescribed medications.
* Acquired comprehensive experience while providing patients competent and effective care.

**EDUCATION**

***University of South Alabama Mobile, AL***

Master of Science of Nursing/Dual Family and Emergency Nurse Practitioner *December 2022*

***Nazareth College of Rochester Rochester, NY***

Bachelor of Science in Nursing *May 2017*

**LICENSE AND CERTIFICATIONS**

* Colorado State APN License
* Colorado State RXN License
* Colorado State RN License
* BLS/ACLS/PALS/NRP/NIHSS/TNCC Certified

**ADDITIONAL SKILLS AND PAST RECOGNITION**

* Trauma RN and unit leader at Level 1 Trauma Center.
* Prior experience as a preceptor for nursing students and new graduate registered nurses.
* Gold star recipient in patient care and satisfaction at URMC-SMH in both 2017 and 2018.
* Elected as the Nazareth College Student Conduct Board President & Student Athlete President 2014-2017.